Words to read before beginning ....

This book contains thirty-one days of readings and prayers to gently lead the independently reading child into the habit of prayer. Each day is structured using a similar format intersecting scripture and prayer with the child's personal choice of response.

Following is an outline of the basic structure with further guidance on how to move through each day.

#### **QUIETING** – "Be still, and know that I am God" – Psalm 46:10

At this time, be still and think about God – who He is, what He has done, and why He is important to you. Your thinking may start with a characteristic of God such as *loving*, *faithful*, *mighty*, *just*, *righteous*, etc. Try to take at least one minute to think about God. Then, read through the prayer Psalm as though you are speaking directly to God. Reread the Psalm and highlight, underline, or circle words and phrases that stand out to you. Taking time to think about God prepares your heart and mind for prayer.

### **READING** – So faith comes from hearing the message. And the message that is heard is the message about Christ. - Romans 10:17

The *Reading* portion will take you from the birth of Jesus to His resurrection, using selected passages from all four Gospel books: Matthew, Mark, Luke and John. Read these passages with care. It is often through God's Word that we hear God speaking to us. You are instructed to read the passage twice. The first time, read to get an understanding of the passage; the second time, read to pull out the portions that are particularly important to you. Highlight any phrases or sections that stand out to you. Take time to consider what God may be speaking to you through these important parts.

### **INTERCESSION** – First, I want you to pray for all people. Ask God to help and bless them. Give thanks for them. – 1 Timothy 2:1

Intercession simply means praying on behalf of others. "Others" can include family, friends, neighbours, classmates, your church, your community, your country, and people all around the world. Intercession can include praying for others to come to know God through salvation, or can focus on a situation that someone is in. At the beginning of this book, you will find pages titled "My Intercession List". Use these pages to add people and situations to pray for on this list. Make notes or embellishments on your list as you see God answering your prayers!

# **PRAISING AND THANKING – LORD, I will give thanks to you** with all my heart. I will tell about all the wonderful things you have done. – Psalm 9:1

Praising and thanking are types of prayer and can be done in a variety of ways. You may like to speak, sing, listen to, or write your praise and thanksgiving. At the end of this book there are selected hymns and a Psalm that focus on praising and thanksgiving. You can use these to sing or to read aloud. As well, a page titled "My Thankful Journal" is found near the beginning of this book if you would like to make a list of your praise and thanksgiving. Naming your praise and thanksgiving leads to a heart of contentment. Other ways that you can practice praise and thanksgiving include listening to a worship song, playing a praise song on an instrument, or drawing your praise in a sketch book.

## **CLOSING** – I have hidden your Word in my heart so that I won't sin against you. – Psalm 119:11

At this time, quiet yourself again and meditate on the closing scripture blessing. Meditate is a fancy word for thinking about a thought or idea for a longer period of time. The scripture blessing changes every five days, so you will have five times to meditate on it and to hide it in your heart to keep.

### **LISTENING** – God has breathed life into all Scripture. It is useful for teaching us what is true. It is useful for correcting our mistakes . It is useful for making our lives whole again. It is useful for training us to do what is right. – 2 Timothy 3:16

At the end of some of the days, a "Listening Box" is provided to record words or pictures of what God has been speaking to you during your scripture reading and prayer time. This is an opportunity to more permanently keep the truths that the Holy Spirit is speaking to your heart and mind.

